



DIABETES EDUCATION PROGRAM

Free coaching, personalized help and more for diabetic members.

A diabetes diagnosis is life changing. MHS wants to help our diabetic members manage their condition. The Diabetes Education Program is free for members. Those who join will get their own coach. They will plan phone calls to support the member. They will also give tips to help reduce risks. Through the program, members will learn to live their healthiest life.

Members who join the Diabetes Education Program:

- Learn how to control blood sugar levels.
- Make good food choices.
- Understand their diabetes.
- Lower A1C levels.
- Get help with exams.
- Reduce ER and hospital visits.
- Prevent health issues.
- Have help talking to their doctor.

Ready to Enroll?

Call **1-877-647-4848** and tell your case manager you want to know more.



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