

Staying Well

After a Behavioral Health Hospitalization



Make sure to schedule a follow-up visit right away

MHS is here to help you and your child stay well after coming home from the hospital. After a hospital stay, it's important to have follow-up care with behavioral health providers.

You or your child should have a **follow-up appointment with a behavioral health provider within seven days of being discharged from the hospital**. If an appointment was not made by the hospital, call the provider directly to schedule this important appointment. You can also call MHS if you would like help making an appointment.

We understand this can be a difficult time for you and/or your child. Our Behavioral Health Case Managers are here to answer questions and offer support.

Earn My Health Pays Rewards!

As a thank you for taking care of your health, **you'll earn \$20 on your My Health Pays card** for completing the visit within seven days. You can use the rewards to shop at Walmart, or to spend on utilities, transportation, cell phone bills, and more.

Questions? Call us at 1-877-647-4848 and ask for Behavioral Health.

